

**East Central District  
2018 Leadership Training Event - Workshop Descriptions**

To register, go to [www.ecdistrictumc.org](http://www.ecdistrictumc.org).

**February 3, 2018      First UMC, Oviedo**

**Session I 9:50am – 11:10am**

**Session II 11:40am – 1:00pm**

**Appreciative Inquiry – Session I or II**

**Leader: Alice Williams**

Just like the song by Bob Dylan says, "The times they are a changing"! We live in a world that is in a constant state of change. Our denomination and congregations are no exception, and how we deal with this change is part of being faithful stewards of all God has given to us. The use of Appreciative Inquiry is one approach to examine the gifts and graces that your congregation has been given and then build on those strengths to lead through a time of change. Come join us as we explore the 4 part process that makes up Appreciative Inquiry (AI) and see if it is a tool that may help your church move forward with confidence into an ever changing future!

**Best Practices in Hiring – Session I**

**Leader: Marilyn Mollica**

"Best Practices in Hiring" is designed to give an interviewer the most widely recognized guidelines to make a successful hire. From the initial pre-screen telephone call and setting the stage for the onsite interview, this session will walk you through the best questions to ask your candidate to get the answers to make a successful hire.

**Brain Fitness Ministry – Session I or II**

**Leaders: Peggy Bargmann & Rev. Gary Rideout**

The Brain Fitness Club is a program for those who are in the early stages of memory loss or dementia. The purpose of the group is to provide an environment for those with early memory loss to participate in a variety of brain healthy activities, such as socialization, physical exercise and mental stimulation. Its focus is also to teach lifestyle adjustments and to help members recognize and adopt brain healthy behaviors. The program collaborates with University of Central Florida and Rollins College through internships and assistance with program material and facilitation. Come hear how to get this ministry started at your church.

**Bringing Generations Together in Faith – Session I or II**

**Leader: Rev. Melissa Cooper**

For the first time in history, we have four generations leading our churches and five in our congregations. How do we navigate our new setting? How do we develop fresh, new ways of reaching next generations while still honoring our traditions? How do we create worship experiences and programming that honors and serves all generations? Through Generational Intelligence. In this workshop, we will talk about the characteristics of each of the generations in our churches, as well as each of their strengths and what they have to offer all generations. We'll also discuss practical ways to bring the generations together through healthy communication and intergenerational programming.

**Child Youth Protection Training – Session II**

**Leader: LaNita Battles**

Our Christian faith calls us to offer both hospitality and protection to our precious children. The Social Principles of the United Methodist church state that "...children must be protected from economic, physical and sexual exploitation and abuse." This session will review the Conference's comprehensive strategy for providing a safe, nurturing environment for our children and youth. You will be CYPP Trained after this workshop.

**Coaching For Success – Session II**

**Leader: Marilyn Mollica**

"Coaching For Success" will encompass all aspects of performance management: the criticality of timely feedback and accurate documentation; how to message a tough conversation; tailoring your coaching to your audience; and conducting annual evaluations and Stay interviews.

## **Connecting Missionally to your Community – Session I or II**

### **Leader: Rev. Dan Jackson**

You've heard of MissionInsite, but do you understand what it can do? You've pulled a report and know the demographics surrounding your church, now what? Join me to see how this tool that is free to you can help mobilize you into getting out of the walls of your church.

## **Creating Visual Arts – Session I or II**

### **Leader: Rev. Kate Ling**

Calling all who have a passion for worship and the arts! Join us for this interactive session focused on enhancing worship through art. Listen as a panel composed of members from Tuskawilla UMC describe how they created an 8'x8' interpretation of the liturgical year utilizing knowledge of fabric, color, quilting, sewing, and math. There will be a time to unleash your own artistic skills as we explore options in art. If your church has some ideas to share, bring them. We will have a display table available for your creations. Let's share. (To ensure we have space for display, call us with your information at TUMC 407-699-8155).

## **Exploring Candidacy – Session II**

### **Leader: Rev. Sara McKinley**

#### **Is God Calling You? ...to Licensed or Ordained ministry in the UMC?**

- How do you know if God is calling you?
- What is Candidacy?
- What's a Deacon? ...An Elder? ...A Local Pastor? ...A Certified Lay Minister? –
- What's the difference?
- What about Chaplains?
- How do you navigate this process? It sounds so confusing!

If you've wondered about any of these questions, then this interactive and informative workshop is for you. Come with your questions! Come and explore if Candidacy is your next step.

## **Florida United Methodist Children's Home – Session I**

### **Leader: Elisabeth Gadd**

**Representative Training - Children's Home** Representatives, come learn to tell the story! Hear about individuals who have received help directly through the FUMCH. The difference it has made in their lives will help you to share with your congregation why the church is involved in the ministry of the Children's Home. We'll explore the ways your church and the FUMCH can partner together. The Local Church Representative Handbook and LCR Packet will be distributed.

## **Freshening Up: Cultivating Fresh Expressions in Your Congregation – Session II**

### **Leader: Rev. Michael Beck**

This workshop is for those who understand Fresh Expressions, and want practical tools on how to get started. Some practices and processes will be shared on how to catalyze the mixed ecology way in your local church.

## **Grow, Groom, & Guide Lay Leadership – Session I**

### **Leader: Janet Earls**

Tips, Tools and Challenges to help you recruit, develop, and lead volunteers in your local church. Just because people are not paid staff, job descriptions, expectations, training, feedback and direction are just as important for effective ministry.

## **Guest to Disciple – Session II**

### **Leader: Janet Earls**

This workshop will help the church evaluate the current visitor system and then develop a self-guiding process to lead a guest once they have entered the church campus. What is the next step? We want to not only attract guests, but then guide and explore with them their personal faith journey to becoming a fully devoted, serving Disciple for Jesus, the church, and the community.

## **Local Church Historians – Session II**

### **Leaders: Morita Hadlock**

Local church historians, come to learn about your job. You will learn how to manage your church's records: deciding what to keep and what to throw away and organizing those records. We will discuss techniques for preserving your records. You will receive suggestions for telling your church's story through celebrations, displays, oral history, and written history. A list of resources to help you with your work will be provided. Come with lots of questions!

## **Ministry Protection Focus for Trustees - Session I**

### **Leader: LaNita Battles**

Trustees: As servant leaders and the "Keepers of God's House" trustees are charged with a wide variety of responsibilities in managing church property. Join us for an interactive discussion about the top issues and responsibilities faced as you fulfill your call of leadership and provide support to the vision and mission of your church: Managing Local Church Property.

## **Missions in Cuba – Session I or II**

### **Leaders: Rev. Chris Akers, Rev. Rusty Belcher, & Rev. Aldo Martin**

Fresh back from the EC District Clergy Trip to Cuba come learn about:

- The revival in Cuba and the relationship the Florida Conference formed in 1997 with the Cuba Conference of the United Methodist Church.
- How your church can establish a sister relationship with a church in Cuba.
- Ways to strengthen your existing relationship with your sister church.
- What you need to know about your church visiting your sister church.
- A district caravan to the Holguin/Las Tunas Districts in February of 2018.

## **Poverty Alleviation – Session I or II**

### **Leader: Rev. Mary Downey**

Based on the best practice research from Steve Corbett and Brian Fikkert's "When Helping Hurts" and the work done by Ruby Payne in "A Framework for Understanding Poverty", come learn how to help people overcome their barriers by empowering them through a holistic approach to help those most in need in your community. This workshop will discuss poverty alleviation, partnering with other nonprofits and churches, avoiding duplication of services and restoring hope to your community.

## **“SOUL-KEEPING-A guide to creating a daily time with God – Session I or II**

### **Leader: Rev. Brian James**

One of the critical questions that John Wesley would ask when he gathered people together was, "How is it with your soul?" Soul-Keeping is a tremendously important part of what it means to be a "follower" of Jesus Christ. We often think of worship as attending a public service of worship, small group, or a Bible Study, but we can overlook one of the most profound times and places where God invites us into fellowship with Him. We can find that in our set aside times of personal worship, attending to the altar of our hearts.

Jesus speaks to this opportunity to connect with God personally when He says: When you pray, go into your room, close the door and pray to your Father, who is unseen. Then your Father, who sees what is done in secret, will reward you." (Mt. 6:6) In our time together we will look at some methods and intentional behaviors to create prioritized personal worship as part of the daily rhythm of our lives.

## **Sound Financial Practices 101 – Session I**

### **Leader: Tony Prestipino**

This class will cover tax related regulations including issues such as W2, 941, 1099, Payroll and other accounting and finances issues relevant to those first-timers or for those wanting a refresher course.

## **Sound Financial Practices 201 – Session II**

### **Leader: Tony Prestipino**

This class will cover the following topics: Accounting Best Practices, Controls, Auditing Requirements, Apportionment Calculations and a time for Questions and Answers.

## **Time for a Remix: Fresh Expressions as New/Old Methodism – Session I**

### **Leader: Rev. Michael Beck**

This workshop will provide a basic introduction to the Fresh Expressions movement, explore the connections between the early Methodist revival, and consider the implications for local churches. Some practices and processes will be offered on how to mobilize your local congregation as a mission force.

## **UMC101 – Session I**

### **Leader: Rev. Dr. Bob Bushong**

One of the many blessings of being a United Methodist is the Connection. Do you know how we are connected? Have you wondered about the structure of the UMC? Do you know how the Annual Conference or General Conference works? Join me for a conversation on the basics of the United Methodist Church.

## **Welcoming Hurricane Victims as a Mission of the Church – Session II**

### **Leader: Rev. Jose Nieves**

Times of great need and crisis provide churches critical opportunities to be a source of hope to your community. We will explore the recent movement of Puerto Ricans to Florida due to Hurricane Maria and the ministry opportunities that this provides throughout the East Central District. This workshop will discuss opportunities for local churches involved through our partnership with UMCOR and other nonprofit agencies in our communities.

## **What if Disaster Response is a way to transform the world for Jesus Christ?**

### **#flumcWeAreBigger – Session I**

#### **Leader: Pam Garrison**

Hurricane Irma was the most destructive hurricane ever to make landfall in Florida. Irma broke all records with 2.6 million families registering for FEMA assistance, 48 counties declared and nearly 40% of our churches experiencing some kind of damage. Irma is the first time in history that a Category 4 storm made landfall twice on the continental US in one year – and in one state! It's going to take the Florida Conference millions of dollars in grants and donations, thousands of volunteers and a minimum of 3-5 years to help our churches and communities recover. A daunting task or a challenging opportunity? Come learn more about what we're doing and why we need you – wherever you are, whatever you can do, wherever God leads.

Irma was a really big storm but with God, We Are Bigger!

## **Youth Ministry: Self Care - Session I**

### **Leader: Juan Flores**

How to effectively be a leader in youth ministry without burning out.

## **Youth Ministry Structures – Session II**

### **Leader: Juan Flores**

How to effectively lead a group without losing your mind.

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